



The goal of SNAP-Ed is to improve the likelihood that individuals eligible for SNAP will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and MyPlate. This is completed through direct, evidence-based education coupled with Policy, System, and Environmental (PSE) change initiatives to improve health outcomes. SNAP-Ed programs work within schools, early childhood education centers, food access and retail locations, and community locations such as healthcare partners, senior centers, recreation centers,



“[This course] helped me realize that eating healthy is not too expensive. Each of the instructors were extremely helpful, knowledgeable, and patient.”

Cooking Matters at Light of Life Rescue Mission



Overall Program Reach



49,678
Participants

Received Direct Education



190,737
Total Contacts

Through Direct Education



91,715
Participants

Impacted by PSE Initiatives

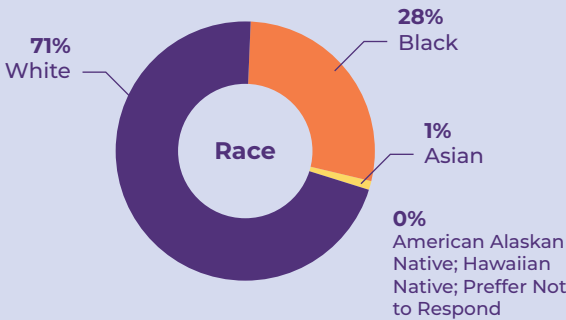
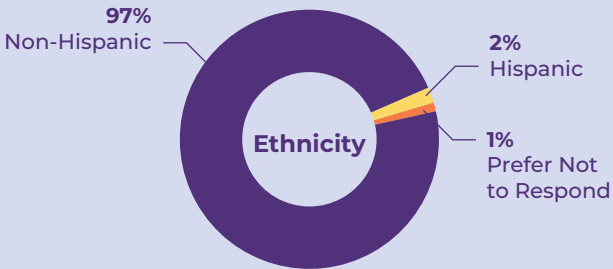
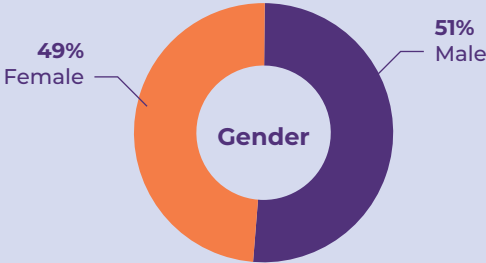
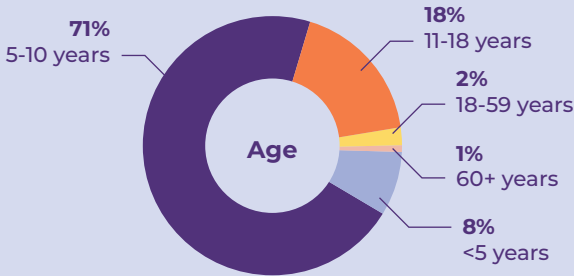


11,809
Total Classes

263 Single Classes
11,546 Series Classes



5,332
Intervention Hours



Location Reach



**412 Locations
Across 168 Partners**

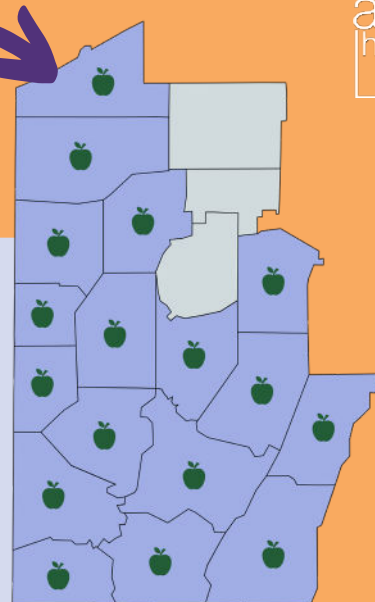
**17 Counties
Reached**

262 Urban Locations

165	Allegheny	31	Erie
17	Armstrong	31	Fayette
29	Beaver	2	Greene
19	Butler	18	Indiana
16	Cambria	2	Jefferson
18	Crawford	14	Lawrence

150 Rural Locations

6	Mercer
4	Somerset
2	Venango
1	Washington
37	Westmoreland



300 Locations Reached Through PSE Change Initiatives



141 School Locations



48 Farmers Market Locations



46 Early Childhood Education Locations



26 Senior Center Locations



21 Food Pantry Locations



9 Health Care Partner Locations



5 WIC Locations



3 School Garden Locations



"Adagio Health is dedicated to fostering healthier environments for our students and their families. They have improved nutrition and physical activity for our students through taste testing, label reading, meal planning, and physical exercises. Collaborating with the SNAP Educators and our school community has promoted healthy choices for students and their families and is helping to create a foundation for lifelong healthy habits."

Traci Mikesic,
Greater Johnstown
School District

Local, State, & National Representation

PA Nutrition Education Network Annual Conference: AH staff presented on the organization's SNAP-Ed work through a panel discussion on School Wellness PSE efforts, workshop on utilizing a Systems Approach to SNAP-Ed programming, and poster highlighting opportunities for synergistic partnership between SNAP-Ed and WIC for PSE implementation.

USDA Roundtable: AH SNAP-Ed Director participated in roundtable discussion with US Sec. Ag Tom Vilsack and US Sec. Miguel Cardona at Faison Elementary School of Pittsburgh Public schools to share the impact of SNAP-Ed in schools.

USDA MyPlate Listening Session with Dr. Caree Cotwright: AH staff invited to share their experiences as SNAP-Ed educators at a USDA convening at Virginia State University.

Food & Nutrition Conference & Expo: AH staff presented at the Academy of Nutrition & Dietetics' National Annual Conference about the impact of EAT Farm Fresh, an expanded SNAP-Ed PSE Initiative that improves access to fresh, local produce and supports local farmers through promotion of the Farmers Market Nutrition Program and operation of pop-up markets at WIC offices and Senior Centers.

Policy, Systems, & Environmental (PSE) Initiatives Overview



Farmers Markets

Adagio Health's PSE initiative is to **promote acceptance and usage of farmer's market nutrition program (FMNP) benefits** among eligible populations while highlighting local, seasonal produce via novel produce distribution methods across Western Pennsylvania. This is a multi-sector partnership across WIC, SNAP-Ed, FMNP, Senior serving organization, Veteran organizations, and local growers.

367 Markets Held | **\$14,150** FMNP Impact

- ▶ **10** Counties
- ▶ **23** Farmers
- ▶ **529** Veterans Reached Through **6** Events



Food Security at Adagio Health Offices

Adagio Health's PSE initiative is to **identify food insecurity amongst patrons to Adagio Health WIC and Medical offices and provide immediate support** through on-site food distribution programs. Food distribution programs range from nutritionally focused food bags to shop through food pantries.

21,307 Food Security Screenings | **13,818** Overall Reach

- ▶ **7,405** Food Insecure
- ▶ **35%** Food Insecure
- ▶ **3,728** Food Interventions
- ▶ **\$121,013** Food Purchased

96% of follow up survey respondents said access to the food decreased their family's stress around food that month



"[This course] has helped me to become more confident in my ability to cook and also to connect with my daughter and learn with her."

Cooking Matters at Light of Life Rescue Mission



Success Stories

FMNP Promotion

At senior centers run by the Greater Erie Community Action Committee, pop-up markets were held throughout the summer in 2024. **Adagio Health worked with local farmers to sell their fresh produce in exchange for FMNP vouchers.** By doing this, the seniors were able to access fresh fruits and vegetables, and farmers could reach a larger and direct population of customers. In addition, participants were given information such as how to store, cut, and prepare the fruits and vegetables being sold to increase knowledge and decrease waste of the produce.

Farm 2 School

Several PPS schools, including PPS Minadeo PreK-5, PPS Montessori PreK-5, PPS Fulton PreK-5, PPS Lincoln PreK-5, and PPS Arlington PreK-8 began the USDA Farm to School grant initiatives with **goals to boost students' access to fresh, local produce through the salad bar options during mealtimes.** To assess impact, preliminary plate waste study were facilitated by Adagio Health during school lunch periods. Once salad bars have been installed and incorporated into school lunch, a post assessment of the plate waste study will be conducted as well.

These schools also have **student led leadership groups, known as Student Envoys, that have partnered with the Food Policy council and PPS Food Service to highlight policies and processes involved in food production.** During lunch periods, Student Envoys educated their peers on food policy and provided them with samples of hummus, which was made by PPS Food Service. The hummus may also be included on the school menu.

Farm to School initiatives continue at PPS with the collaboration of interdisciplinary groups and school students, which is an important partnership for project effectiveness and sustainability.