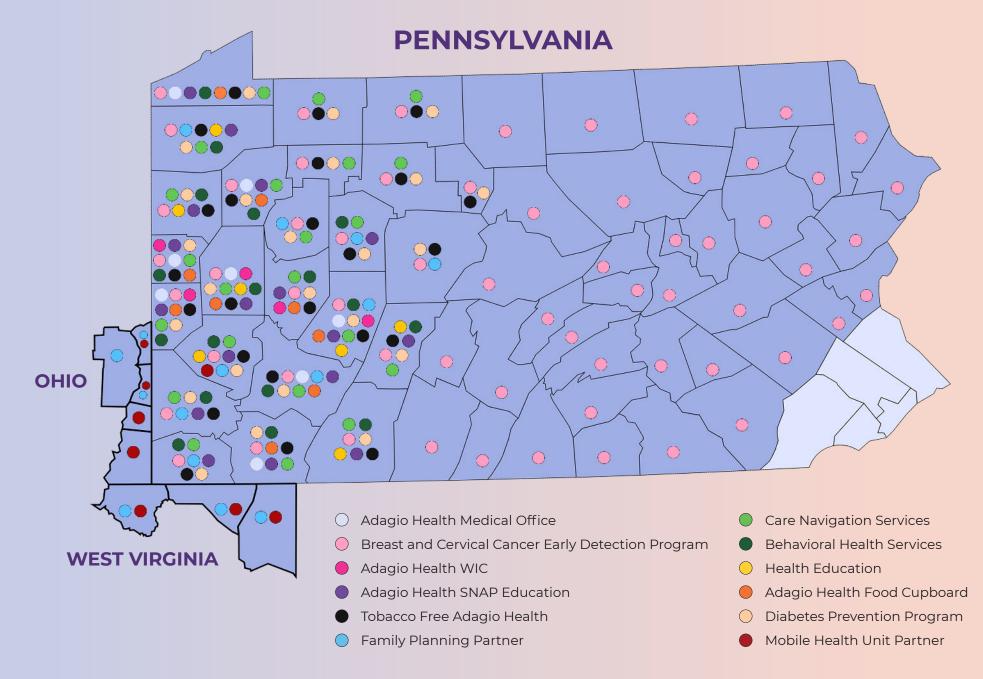


You're welcome here

2024 Annual Report

Adagio Health Service Area



From the President and CEO

My message is a little different this year.

I recently announced that I will be retiring from Adagio Health at the end of August 2025. After more than a decade of leading this extraordinary organization, it is both a bittersweet and reflective moment for me. The journey we've shared has been one of growth, transformation, and impact. As I look back on the past 10 years, I am overwhelmed with gratitude for what we have achieved together — achievements that reflect our commitment to empowering individuals and communities, removing barriers to care, and creating a healthier future.

When I joined Adagio Health, I knew we had a critical role to play in improving access to care, especially for those facing challenges that go beyond medical needs. Over the years, we have met those challenges with determination, collaboration, and innovation. Together, we have made real change possible. Among the milestones that have defined this remarkable chapter:

- Expanding access to care across Pennsylvania and West Virginia – growing our networks, integrating behavioral health and care navigation services, and launching innovative concepts like our new Uniontown Health Hub
- Transforming Adagio Health's financial stability, moving from deficits to a thriving nonprofit with cash reserves.
- Implementing critical new programs including adult immunizations, chronic disease screenings, HIV prevention — testing — and now treatment for both HIV and Hepatitis C — a huge step forward in caring for our patients.
- Renovating, relocating, and refurbishing multiple medical and WIC offices, ensuring those patient and client-facing spaces were warmer, more welcoming, and better-equipped to receive the patients and families who need our care.
- Growing our Tobacco Prevention and Cancer Screening programs, while also adding Food Cupboards, Teaching

Kitchens, and Farmers Markets to further improve the health of the communities we serve.

- Establishing new partnerships with organizations like the Mid-Atlantic AIDS Education & Training Center, rural advocacy networks, farmers, and community groups.
- Achieving greater awareness, recognition, and relevance among patients, communities, supporters, and other stakeholders.
- Strengthening internal operations with our Data Warehouse project and Intelichart platform modernizing our approach to data management, patient engagement, and decision-making throughout or organization.
- Introducing groundbreaking initiatives including one of the most progressive family leave policies in the Pittsburgh nonprofit sector, ensuring our employees can prioritize their families during pivotal moments.

Every moment, and every milestone, has been focused on improving the lives of the people and communities we serve. And none of this would have been possible without our incredible staff, dedicated board members, committed donors, staunch advocates, and supporters from all walks of life. I am so proud of the legacy we are creating together.

Right now, we are facing new challenges. We will draw on our experience — more than 50 years of caring for our communities, and our strong record of success — as we work to fulfill our mission. Thank you for your support. It is of critical importance. Thank you for believing in making healthcare accessible to all.



BJ Leber President & CEO



"As I look back on the past 10 years, I am overwhelmed with gratitude for what we have achieved together — achievements that reflect our commitment to empowering individuals and communities, removing barriers to care, and creating a healthier future."



Left: Adagio Health staff and Erie Mayor Joe Schember at the Adagio Health Erie Spring Health Fair. Middle: Kathy Smerkar, Office Manager; Jessica Green, MA III; Stacey Knavel, Regional MA and Trainer; Hayley Masters, NP; Brandi Grove, MA Supervisor; and Danielle Sylvis, MA III, at the Especially for You event at the Cranberry Mall. Right: Students at Conemaugh Valley SD creating a Minions themed bullying prevention campaign poster

About Adagio Health

For over 50 years, Adagio Health, a 501(c)(3), has provided essential health, wellness, and nutrition services, serving approximately 115,000 patients annually. While women's health remains a primary focus, services are also offered to men, and specialized care is available for women veterans, people with disabilities, and others in need of care in a comfortable, welcoming environment. With eight medical offices primarily located in rural communities in western Pennsylvania, Adagio Health offers gynecological care, family planning, cancer screenings, STI testing, HIV and Hepatitis C services, prenatal care at select locations, and integrated behavioral health and care navigation. Many services are offered at no cost for qualifying patients, with most insurance plans, including Medicaid, accepted.

Adagio Health prioritizes pregnant and postpartum women. The Healthy Women for Life program provides prenatal and postpartum counseling and support, along with STI testing, menstrual health support, chronic disease screenings, behavioral healthcare, and care navigation for women in Pennsylvania. Our Women, Infants & Children (WIC) program, serving over 10,000 participants annually across five rural counties, offers nutrition support, breastfeeding assistance, and health referrals. Additionally, we work to reduce Neonatal Abstinence Syndrome (NAS) in a five-county region by connecting pregnant women with substance use disorders to medical care and support.

Adagio Health is a leader in key public health initiatives. We administer Pennsylvania's Breast and Cervical Cancer Early Detection Program along with the Breast and Cervical Cancer Treatment Program, and the Adagio Health Mammogram Voucher Program, ensuring that uninsured women receive screenings, follow-up treatment, and care. Our nutrition programs address food insecurity through unique programs including our onsite food cupboards and fresh food distribution, cooking classes, and partnerships with western Pennsylvania farmers as part of our Farm Fresh pop-up markets serving communities and local veterans. We offer the CDC-funded Diabetes Prevention Program along with tobacco and vaping prevention, cessation and education programs directed at adults and youth in 24 counties. Supported by federal and state programs, grants, corporate sponsors, and individual donations, Adagio Health remains committed to improving access to care and strengthening local communities by empowering individuals to lead healthier, more vibrant lives.

Mission

Adagio Health improves the health, wellness, and nutrition of our communities, regardless of income, with a focus on women.

Vision

Adagio Health strengthens communities by empowering individuals to lead healthier, more vibrant lives.

2024 Year in Review

Family Planning

In 2024, the family planning programs reached nearly 40,000 clients in Pennsylvania and over 3,100 clients in West Virginia — a near 19% and 88% increase, respectively. This growth is a testament to the dedicated efforts of our providers and partners, and their strong outreach efforts providing essential healthcare information and referrals to hundreds of thousands of community members.

Our commitment to data-driven care was further enhanced through the implementation of Family Planning Annual Report (FPAR) 2.0 reporting, which captures critical health indicators such as blood pressure, BMI, and tobacco use. This information helps our providers address multiple health factors simultaneously, improving patient outcomes and connecting individuals to additional services that can support their long-term health.

Left: On the left, Dr. Linda Snyder, Vice President of Family Planning Programs, with First Lady Lori Shapiro at a round table event on menstrual equity hosted by the First Lady. Dr. Snyder is holding the Governor's Proclamation for Menstrual Hygiene Day. Right: Meet the Family Planning & Healthy Women for Life team from left to right: Tessa Zindren (Senior Program Manager), Ken Kutzer (Program Manager and HWFL Northwest Project Manager), Caryn Soergel (Health Network Manager, PA), Vicky Parson RN (Case Manager and HWFL Southwest Project Manager), Linda Snyder (Vice President of Family Planning Programs), and Brenna Edgell (Director Family Planning Programs and WV Health Network Manager).





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"You do not know what it meant to us to finally find a clean, respectful, and genuinely nice medical facility with friendly staff. We will not be going anywhere else for our care."

Newly Married Adagio Health Patients Lawrence County



Left: Beaver NEP Supervisor Andrea Marshall hands period products to a Healthy Women for Life program participant. Right: Nutrition Assistant Jessica McShane and Nutritionist Trinity Kulesza hold up period products provided through the Healthy Women for Life program.

Our **Healthy Women for Life** project, an offshoot of the PA Women's Service Project funded by the Pennsylvania Department of Human Services, served nearly 22,000 women across 24 counties with clinical and community-based services. Project goals advance accessible women's health care, especially for pregnant and parenting women. In 2024, our team and our partners:

- Distributed menstrual hygiene products to approximately 4,000 women, addressing period poverty with dignity, respect, and support.
- Screened 15,000 women for substance use disorders using a technique known as SBIRT, short for Screening, Brief Intervention, Referral to Treatment.
- Expanded rapid testing for AIC, cholesterol, glucose, blood pressure, HIV, Hepatitis C, and STIs, improving early detection and treatment access, especially for pregnant women.

"My patient was experiencing heavy menstrual bleeding but couldn't afford any sanitary care items. Through the Healthy Women for Life program, we were able to provide her with a 3-month supply of period care essentials. She started crying in the office, she was so grateful for the help." Adagio Health Provider



Left: The Uniontown Health Hub staff stand in front of the new building on Highland Park Drive: Front row, left to right: Megan Verbosky and Claire Victor. Back row, left to right: Lori Zellie, Karlee Stermock, Teresa Yoder, Lugene Rossini, Sandy Wilson, Missy Dubovich, and Heather Brumfield. Middle: Uniontown Health Hub staff strike a pose in front of building equipment for the new facility. Right: Andrea Palashoff, Rural Opioid Response Program Manager; Amanda Smith, Care Navigator; Blaine Shindel, Behavioral Health Clinician; Sandy Wilson, Senior Behavioral Health Clinician; Kathi Fellion, Behavioral Health Clinician; Julia Evans, Care Coordinator Specialist; and Missy Dubovich, Care Navigation Manager attended the Rural Health Conference in Indiana, PA.

Clinical Operations and Integrated Services

In 2024, our clinical operations team made significant strides in improving access to care and enhancing patient experiences. The opening of the **Uniontown Health Hub** in Fayette County, PA was a major milestone, offering a one-stop location where patients can access reproductive healthcare, cancer screenings, behavioral health services, care navigation, and nutrition counseling. By integrating these services under one roof, we made it easier for patients to receive holistic care without the burden of traveling to multiple locations.

Our adoption of a new **patient engagement platform** streamlined appointment scheduling and reminders, leading to a 6% reduction in no-shows and improved overall patient satisfaction. This technological improvement allowed us to see more patients and provide consistent care. which includes behavioral health and care navigation, further supported patients through personalized care plans and referrals.

Prenatal care was another area of growth in 2024. Our New Castle medical office in Lawrence County, PA, led the way with nearly 800 visits, many of which involved high-risk pregnancies. Adagio Health is committed to improving maternal health access and outcomes, particularly in medically underserved and rural areas, where a shortage of providers creates barriers such as limited access to care, long travel times for appointments, and extended wait periods for essential services like ultrasounds.

Black maternal health disparities remain a critical concern, as Black women face higher risks of pregnancy-related complications regardless of socioeconomic status. In 2024, 21% of the pregnant women we served were

300+ PrEP Visits to Prevent HIV Infection 24%

Telehealth Services

800 Prenatal Visits in

Lawrence County

We also saw meaningful progress in our **HIV Treatment Program**, which began in early 2024. Working alongside new partners like the Mid-Atlantic AIDS Education & Training Center and AIDS Free Pittsburgh, we established a dedicated HIV Work Group and began treating patients in our rural footprint for HIV. We also logged over 300 PrEP visits for patients seeking to prevent HIV. The success of this program underscores the importance of collaboration in addressing complex health needs, especially in rural areas where access to providers can be scarce.

Telehealth services saw a 24% increase, demonstrating the growing demand for virtual care options. And the expansion of our **Integrated Services team**,

Black, with 7% of those patients classified as high-risk. Our work prioritizes increasing accessibility to vital prenatal services while ensuring that every woman, regardless of race or location, receives the care and support needed for the best possible health outcomes.

Beyond medical care, our team provides wraparound support, including transportation assistance, housing resources, access to nutritious food, and childcare solutions to help remove barriers to care. Postpartum services such as counseling, breastfeeding support, newborn care classes, and nutrition guidance are also available, ensuring that new mothers continue to receive the comprehensive support they need during this critical time.





Above: Melissa McPheron, Health Educator, with student from PPS Minadeo. Right: Teresa Yoder, Registered Dietitian, and Marcie Jacob, Health Educator, at Turtle Creek Elementary during National School Breakfast Week. Below, left: WIC 50th Anniversary Event attended by WIC State Agency staff, Joe McLaughlin, Director Finance & Technology DOH WIC; Mark Shirk, Director Division of Regional Territory Coordination DOH WIC; Britney Zwergel, VP Nutrition & Education Department Adagio Health; Samantha Elms, Director WIC Adagio Health; Bill Gedman, CFOO Adagio Health; Chris Leise, Public Health Program Manager DOH WIC; Jamie Szitas, Public Health Program Manager DOH WIC; Meghan Westwood, Public Health Nutrition Consultant & Breastfeeding Coordinator DOH WIC. Below, right: Samantha Elms, Director of WIC. on WIC on Wheels Van.

1-866-WIC-APPT

Empowering Communities Through Nutrition & Education

In 2024, our Women, Infants & Children (WIC) program saw 10,258 participants, an increase of 633 from last year. The addition of the **WIC on Wheels** van made it easier for families in rural and underserved areas to access nutrition services. Administered by Adagio Health in Armstrong, Beaver, Butler, Indiana, and Lawrence counties, WIC offers supplemental nutrition, breastfeeding support, and referrals to health and social services for pregnant, breastfeeding, and postpartum moms, caregivers, and children up to age five. Adagio Health also operates a statewide breastfeeding support helpline available seven days a week.

As WIC celebrated its 50th anniversary in 2024, Adagio Health hosted a series of events, connecting participants with farm-fresh produce, community partners, and on-site dental services for children.

Through SNAP Education (SNAP-Ed) programs, Adagio Health reached over 90,000 participants across 408 locations, delivering 11,826 nutrition education sessions and over 119,000 hands-on food tastings. Policy, systems, and environmental (PSE) efforts focused on increasing access to healthy foods and physical activity, including eight communitybased stencil art projects and 2,000 ParksRx prescriptions designed to encourage outdoor activity. The Adagio Health team also led multiple state and national presentations, showcasing innovative approaches to nutrition education and community engagement.

"This program has been great for us. And we've gotten some really nice feedback from people who say they've been able to try new fruits and vegetables, things that they would not have had access to otherwise."

> Robyn Dillner, Dillner Family Farms Farm Fresh Program Participant

90,000

Reached Through SNAP-Ed

16,000

Screened for Food Insecurity

11,826

Nutrition Education Sessions



WIC Participants, 633 More than 2023

2,400

Food Cupboard Visits

10

Counties in our Farm Fresh Footprint "Thank you all for this class especially at no cost to me. I have lost weight and am continuing an exercise program."

Peggy G. Diabetes Prevention Program Participant

Nutrition operations saw significant growth, with our **Farm Fresh initiative** expanding across 10 counties. This program facilitated fresh produce sales for WIC participants and seniors while also launching a new **Veteran Voucher Program**, which allowed more than 200 veterans to redeem vouchers for fresh produce at local farm stands.

Adagio Health grew efforts to address food insecurity, screening approximately 16,000 patients and clients and identifying more than 5,300 cases. To support those in need, our team facilitated immediate food cupboard visits, distributed emergency food bags, and provided referrals to local food pantries for more comprehensive support. Also in 2024, our **Diabetes Prevention team** launched five new cohorts focused on helping patients and participants lower their risk of Type 2 diabetes.

With a focus on empowering young people through education and educational opportunities, Adagio Health hosted 41 interns from seven academic institutions, providing hands-on experience in nutrition, public health, and healthcare services while advancing community health.

Adagio Health's **Teen Outreach Program** (TOP) facilitated positive youth development and community servicelearning opportunities with 445 students through 43 clubs across 11 school and community locations. Servicelearning projects included student-led kindness campaigns, donation drives, and outdoor cleanup events. Right: Haley Rievel, Health Educator, with students at Greater Johnstown Middle School creating a "Be Kind to Your Mind" hallway poster during Red Ribbon Week, an annual campaign to raise awareness about drug and violence prevention. Below: Pop-Up market at Albion Senior Center in Erie County.







Disease Prevention Programs

Cancer Screening

In 2024, Adagio Health continued management of the Pennsylvania Department of Health-funded Breast and Cervical Cancer Early Detection Program (BCCEDP) in 62 counties, partnering with over 200 healthcare providers throughout the Commonwealth to provide over 5,000 uninsured or underinsured patients with no cost breast and cervical cancer screenings. Our Mammogram Voucher Program helped another 1,000 patients access diagnostic services. Additionally, our cancer screening care navigation team helped 700 uninsured patients who received a cancer diagnosis obtain health insurance and treatment. We increased cancer screening rates for women facing healthcare barriers while streamlining referrals and provider communication to enhance access, scheduling, and continuity of care.







Top Left: Cancer Screening Patient Navigators Gabrielle Brennan and Sierra Ippolito and Vice President of Disease Prevention Programs Alli Clevenger at a Lackawanna mobile digital mammography event.

Top Right: Tobacco Health Educators Auriaun Thomas, Alecia Gailey, and Hope Wilson at an outreach event.

Bottom Left: Tobacco Youth Services Coordinators Stephanie Kellar and Stephanie Matour at the 4th Annual TRU Youth Leadership Conference.

Bottom Right: Indiana County's Homer Center High School TRU Group.

39,500

Students Reached with Prevention and Education Services

2,154

Students Enrolled in School Advocacy Groups Nicotine-Free Policies Passed

89



TFAH traveled to Harrisburg for the annual TRU Day At The Capitol event. TRU groups from the Southwest, Northwest, and Allegheny regions met with Senators and Representatives from the PA Congress to advocate for closing loopholes in the Clean Indoor Air Act, stocking albuterol inhalers in schools, and sustaining Master Settlement Agreement funding to further TRU's initiatives and reach in the service area.

"You're an angel sent from heaven. My late wife would be so proud of me. I never thought I'd be able to quit." William P. Tobacco Free Adagio Health Client "Thank you so much for everything you've done to help me quit for my baby. This program seriously works and I'm so thankful for you."

Hilary M. Healthy You, Healthy Baby Program Participant

Tobacco Free Adagio Health

Adagio Health's Tobacco Prevention and Control program now spans all of western Pennsylvania, covering 24 counties. This initiative provides free prevention and education services, cessation counseling, and nicotine replacement therapy, while supporting communities with policy enforcement and assistance for local healthcare providers. In 2024, we successfully:

- Delivered prevention and education services in 632 schools, reaching 39,500 students.
- Passed 89 nicotine-free policies at worksites, multi-unit housing facilities, schools, and parks.

- Enrolled 2,154 students in school advocacy groups as part of the Pennsylvania Tobacco Resistance Unit (TRU) project.
- Hosted the 4th Annual TRU Youth Leadership Conference with over 300 students from school districts across western Pennsylvania in attendance.
- Supported individuals and communities communities seeking tobacco and nicotine cessation counseling, including 90 pregnant and postpartum moms who took part in our Healthy You, Healthy Baby program.



Special Projects

Preventing Neonatal Abstinence Syndrome (NAS)

With support from the U.S. Health Resources and Services Administration, Adagio Health continued efforts to reduce Neonatal Abstinence Syndrome (NAS) in five rural Pennsylvania counties—Armstrong, Butler, Indiana, Lawrence, and Venango. This initiative expands behavioral health services, improves access to care for women of childbearing age with substance and opioid use disorders (SUD/OUD), reduces stigma around addiction and NAS, and strengthens community partnerships.

Adagio Health leads Rural Communities C.A.R.E. (Consortium for Acceptance, Recovery, and Empowerment), a collaboration of nine organizations across western Pennsylvania. Partners include Armstrong-Indiana-Clarion Drug and Alcohol Commission, Butler County Human Services Drug and Alcohol Programs, Carlow University, Lawrence County Community Action Program, Lawrence County Drug and Alcohol Commission, UPMC Insurance Services, UPMC Magee's Pregnancy and Women's Recovery Center in Franklin, and Venango County Human Services. We are building a more supportive, recovery-focused system of care for pregnant and postpartum women.







Strengthening Support for Veterans and Their Families

Adagio Health reaffirmed its commitment to provide excellent service to veterans and their families by ensuring staff have the training they need. Adagio Health first earned the designation of Veteran Ready Healthcare Organization from PsychArmor, a training center focusing on military and veteran competence, in 2021. We are pleased to report that we continue to meet the criteria and have once again earned the Veteran Ready Healthcare Organization designation for 2025.

Our work and research around veterans has also led to a partnership with the SALUTE program at the Emergency Care Research Institute (ECRI), a Community of Practice focused on best practices in veteran health. Adagio Health was invited to join the SALUTE Honor Roll and collaborate with experts to improve veteran-centered care.

The SALUTE program promotes:

- Screening for service-related conditions
- Asking about military experience
- Managing and addressing service-related conditions
- · Understanding veterans' unique needs and engaging them in care
- Emphasizing the benefits of early intervention
- Increasing veteran participation in services

Our clinical and integrated services staff continue to enhance behavioral health responses for women veterans in collaboration with the University of Pittsburgh's Program Evaluation and Research Unit (PERU), with continued focus on improving SBIRT workflows, ensuring high-quality data collection, and leveraging insights for continuous improvement.



Veterans Initiative Highlights

- Farm Fresh Program: Distributed fresh produce to over 400 veterans across four counties.
- Community Engagement: Partnered with the YWCA Westmoreland and White Oak Veteran Center to host an event honoring women veterans, providing a welcoming space for social connection and resource sharing.
- Mental Health Training: Delivered Mental Health First Aid for Veterans
 & Military Families to local veteran-serving organizations, strengthening
 support networks.

Looking ahead, with staunch support from Pennsylvania Senator Jay Costa and the Pennsylvania Department of Human Services, Adagio Health is preparing to launch the **Women Veterans Care Fund**, a vital initiative aimed at expanding healthcare access and support for women veterans across our region. By leveraging community partnerships and targeted funding, we aim to bridge existing gaps in care, ensuring that women veterans receive the high-quality, veteran-informed healthcare they deserve.

"I would've never gotten my mammogram because I did not have insurance. I'm grateful to Adagio Health for saving my life because it was caught!"

Beaver County Adagio Health Patient





Human Resources

Our Human Resources team is building a strategic framework for success focused on recruitment, retention, and implementing policies to strengthen employee engagement, professional development, and workplace well-being. In 2024, HR systems were updated to provide better data that is informing and influencing recruitment and retention strategies across the board. Investment in leadership training, coaching, and organizational support are top priorities.

Information Technology

In 2024, we completed the first phase of a new Data Warehouse project, which has significantly enhanced our ability to collect, analyze, and report on data. Using Microsoft Power BI, we now have access to real-time dashboards that provide valuable insights for decision-making and cross-functional collaboration. This project will continue to evolve in 2025 with the addition of cross-department analysis, automation, and advanced mapping reports to further improve our operational productivity and efficiency.

2024 Foundation and Grant Support

Grants awarded to Adagio Health in 2024 came from the following sources:

Aerie Real Foundation

Community Foundation of Westmoreland County

Critical Needs Incentive Funds from The Pittsburgh Foundation

Dollar Bank Foundation

Eden Hall

Highmark Foundation

Peter C. Dozzi Family Foundation

Make an impact with Adagio Health

Please consider making a gift to Adagio Health as we continue to provide care, services, and support to patients, clients, and families in need. To donate, simply scan the QR code below or donate at adagiohealth.org/donate.

Thank you for your support!

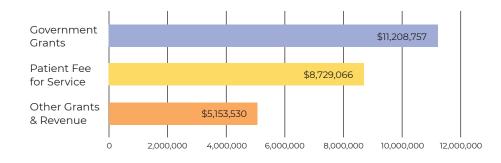


"We have learned easy ways to help people, show kindness, and how small impacts make a big difference."

Teen Outreach Program Participant Crawford County

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Financials



 Financial Make-Up
 2024
 2023

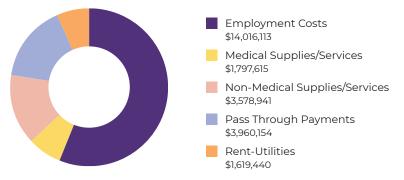
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 \$5,901,668

 Equity
 \$7,729,682
 \$7,799,542

 Assets
 \$12,942,321
 \$13,701,210

2024 Revenue \$25,091,353

2024 Expenses \$24,972,263

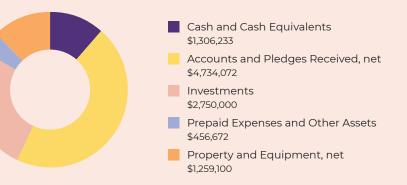


2024 Total Assets \$10,445,399



- Cash and Cash Equivalents \$2,678,872
- Accounts and Pledges Received, net \$4,732,890
- Investments \$1,500,000
- Prepaid Expenses and Other Assets
 \$336,858
- Property and Equipment, net \$1,196,779





Thank you to our 2024 Donors

Your support of the Adagio Health Innovation Fund, our programs, and our operations drives greater health equity in the communities we serve.

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Allegheny Health Network Allies for Health and Wellbeing Dollar Bank Highmark Blue Cross Blue Shield HM Life Insurance Company IBM Moon Area Girls Soccer Parkwood Presbyterian Church **PNC Bank** Quatrini Law Group Schneider Downs Strassburger, McKenna, Gutnick. & Gefskv **UPMC Health Plan** West Deer Township Yates Fund for Cancer Hope

\$1000 - \$4999 Elaine Bellin **Timothy Browne** Crystal L Clark, MD, MPH Nadeana Cook Adam Falcone William Gedman and Alfred Maradei **BJ** and Jeff Leber Paul Lebovitz, MD, and Mark Caldone John Lovelace Jim and Nora Nealon Adam Quatrini and Carolina Velez Georgiana Riley Betsy Teti

\$500 - \$999

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Two Gateway Center, Suite 500

603 Stanwix Street Pittsburgh, PA 15222 800.215.7494 adagiohealth.org