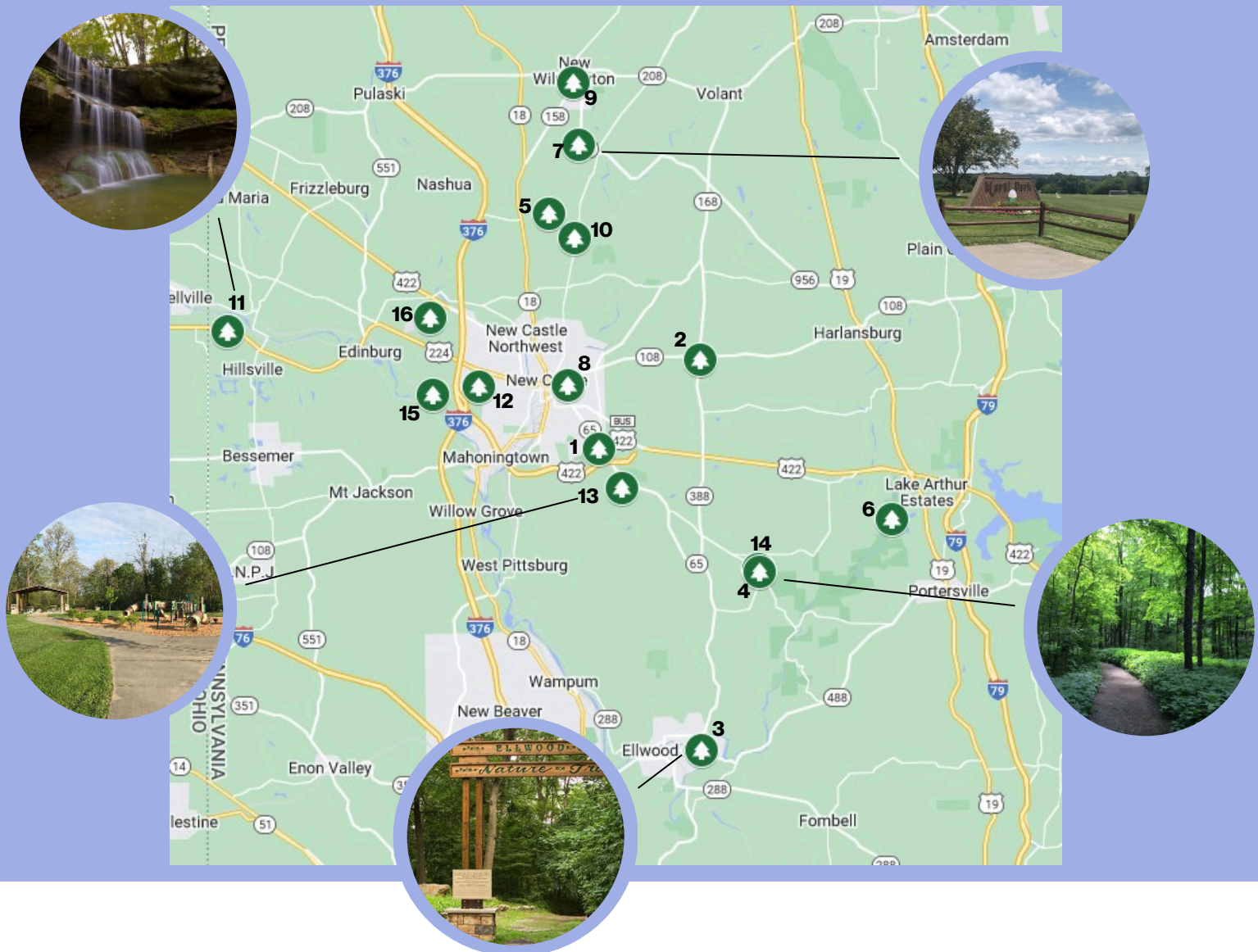


LAWRENCE COUNTY PARKSRX



Find a park near you!

- | | |
|-------------------------|--------------------------------|
| 1. Cascade Park | 9. New Wilmington Borough Park |
| 2. CJ Long Spartan Park | 10. Pearson Park |
| 3. Ewing Park | 11. Quaker Falls Trail |
| 4. Hell's Hollow Trail | 12. Scotland Meadows Park |
| 5. John Thompson Trail | 13. Shenango Community Park |
| 6. Kildoo Falls Trail | 14. Slippery Rock Gorge Trail |
| 7. Marti Park | 15. Stavich Bike Trail |
| 8. Neshannock Trail | 16. West Park Nature Center |



You're welcome here



GET ACTIVE IN THE PARK!

A healthy lifestyle includes a combination of eating right and staying active. It is recommended that children get 60 minutes of physical activity daily, while adults should aim for 30 minutes per day. See below for suggestions on ways to be active in your Fayette County parks.

Outdoor Sports

Walking

Hiking

Biking

Nature Projects

Mindfulness Activities

Picnics

Scavenger Hunts

Swimming

Fishing

Boating

Playground Activities

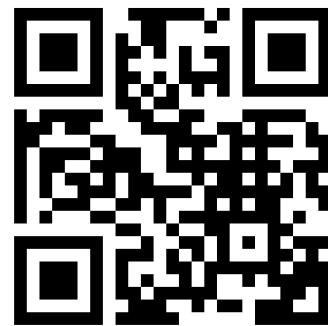
Sightseeing

Exercising



Join Us!

A low cost, safe, and practical way to improve your health. Work with your care provider to participate!



For more information scan here or visit parkrx.org