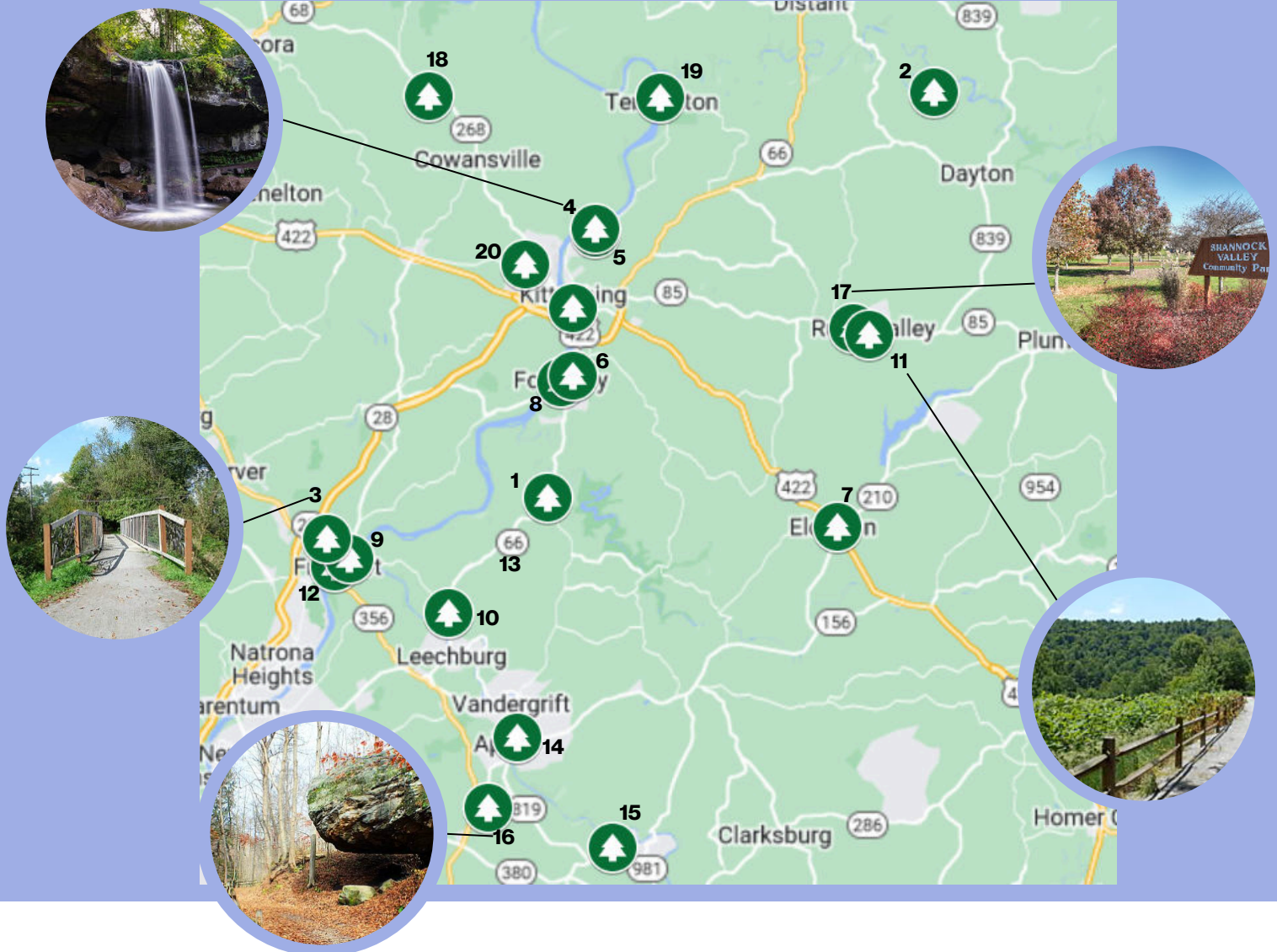


ARMSTRONG COUNTY PARKSRX



Find a park near you!

1. Baker Trail
2. Baker Trail (Mahoning Creek)
3. Butler-Freeport Community Trail
4. Buttermilk Falls
5. Cowanshannock Trail
6. Crooked Creek Lake and Dam
7. Elderton Plumcreek Community Park
8. Ford City Memorial Park
9. Freeport Community Park
10. Gilpin Leechburg Park
11. Great Shamokin Path
12. Market Street Park
13. Owens Grove Park
14. Riverfront Park
15. Roaring Run Trail
16. Rock Furnace Trail
17. Shannock Valley Community Park
18. Sugarcreek Community Park
19. The Armstrong Trail
20. West Hills Community Park

GET ACTIVE IN THE PARK!

A healthy lifestyle includes a combination of eating right and staying active. It is recommended that children get 60 minutes of physical activity daily, while adults should aim for 30 minutes per day. See below for suggestions on ways to be active in your Fayette County parks.

Outdoor Sports

Walking

Hiking

Biking

Nature Projects

Mindfulness Activities

Picnics

Scavenger Hunts

Swimming

Fishing

Boating

Playground Activities

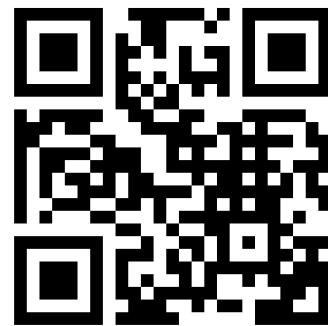
Sightseeing

Exercising



Join Us!

A low cost, safe, and practical way to improve your health. Work with your care provider to participate!



For more information scan here or visit parkrx.org