

Adagio Health Service Area PENNSYLVANIA SUSQUEHANNA WARREN MCKEAN POTTER TIOGA BRADFORD WAYNE CRAWFORD WYOMING FOREST ELK SULLIVAN LACKAWANNA VENANGO CAMERON PIKE LYCOMING MERCER CLINTON CLARION LUZERNE **JEFFERSON** MONROE COLOMBIA LAWRENCE . MONTOUR UNION BUTLER CLEARFIELD CARBON CENTRE ARMSTRONG SNYDER UMBERLAND NORTHAMPTON BEAVER INDIANA SCHUYKILL HANCOCK LEHIGH JUNIATA ALLEGHENY CAMBRIA BLAIR BERKS OHIO PERRY BUCKS DAUPHIN JEFFERSON LEBANON WESTMORELAND HUNTINGDON MONTCOMERY WASHINGTON CUMBERLAND BROOKE LANCASTER PHILADELPHIA оню CHESTER FAYETTE GREENE SOMERSET BEDFORD **ADAMS** YORK FULTON FRANKLIN DELAWARE MARSHALL MONONGALIA WETZEL PRESTON **WEST VIRGINIA**

- Adagio Health Medical Office
- Family Planning Partner
- Breast and/or Cervical Cancer Screening
- Adagio Health WIC

- Power Up: Adagio Health SNAP-Ed
- Care Navigation Services
- Adagio Health Mobile Unit
- Behavioral Health Services

- Community Education Services
- Adagio Health Food Cupboard
- Tobacco Free Adagio Health
- Mobile Health Unit Partner

From the President and CEO

Dear friends of Adagio Health,

We believe that every patient, client, and person we serve has the right to exceptional care. We also believe that care should be delivered by professionals who exude calm and expertise -- in spaces that feel warm and welcoming. It's our goal to deliver on those beliefs wherever we provide care and service, every day.

With that in mind, 2022 was a year of new beginnings for Adagio Health – as we opened a new medical office in Westmoreland County; moved our Beaver County medical office from Center Township to a newly renovated space in Hopewell Township; expanded our Fayette County office; and completed extensive renovations of our offices in Lawrence (medical and WIC) and Venango counties. We also opened a much larger WIC office in Armstrong County, moving to a more publicly accessible, street-level space in downtown Kittanning, PA – where we have received a warm welcome from community partners including the Armstrong County Chamber of Commerce, and Representative Donna Oberlander who came to offer her support and congratulations at a Grand Opening and ribbon cutting ceremony last fall.

As I traveled to each new office space – and had the opportunity to wield several pairs of giant scissors – I was able to reflect not only on this past year, but also on the turbulent times preceding. For Adagio Health employees, and millions of others across the country and the globe, 2022 brought some semblance of relief and "normalcy" – an opportunity to host events, meet new friends, and hug those friends we haven't seen since 2019. I also thought a lot about health equity – a term that COVID-19 helped bring to the forefront – but a concept, and a reality, that Adagio Health has been focused on for over 50 years.

This year also brought us closer (much closer!) to the \$2 million goal we've set for the Adagio Health Innovation Fund. It wasn't all that long ago that we couldn't even dream of raising the funds needed to launch such an endeavor. Now, with your support, we're at just over \$1.86 million, and we are confident we'll close the gap in 2023. We'll use the funds for projects focused on greater health equity in the communities we serve; expanded behavioral health and care navigation services; working to eliminate food insecurity; and using technology and data

to achieve greater efficiency and make further improvements for the patients and clients we serve.

In early 2023, Adagio Health and our partners at the RAND Corporation will release the findings from a year-long, first-of-its-kind report on the needs of women veterans in western Pennsylvania – an important step toward greater health equity for women veterans in this region, and beyond. We look forward to celebrating this milestone with our partners, supporters, and friends. Thank you.

BJ Leber President & CEO



About Adagio Health

For more than fifty years, Adagio Health has been providing health, wellness and nutrition services and support in western Pennsylvania. Today, the organization's expanded footprint includes 62 counties across the Commonwealth where Adagio Health oversees state-funded breast and cervical cancer screening services, and seven counties in West Virginia that participate in Adagio Health's Family Planning Project.

Adagio Health and its network of partners provide reproductive health care services at low or no cost to approximately 35,000 patients annually. Breast and cervical cancer screening services are provided to nearly 6,000 patients. Adagio Health's WIC program serves approximately 9,000 parents, caregivers and young children, while the organization's nutrition education program known as Power Up serves more than 50,000 Pennsylvanians - young children, teens, adults and seniors; and more than 1,000 patients and clients visit Adagio Health Food Cupboards annually. Approximately 3,700 adults and teens receive prevention and cessation services from Adagio Health's Tobacco Prevention and Control Program; while roughly 2,000 students and young adults receive evidence-informed, age-appropriate reproductive health education services in one-on-one, group, and classroom settings.

Adagio Health prioritizes providing safe, compassionate care to diverse populations with unique needs, including members of LGBTQIA+ communities and women who have served in the military.

Many of the 100,000+ patients and clients receiving services through Adagio Health are women who reside in communities where access to healthcare services is scarce. Often, Adagio Health is their sole health care provider.

Adagio Health is able to provide services to vulnerable patients and populations

with funding from the State and Federal government, the foundation community, and partnerships with nonprofit organizations, the corporate community and individual donors.





Mission

Adagio Health meets the health, wellness and nutrition needs of diverse communities, regardless of income, with a focus on women.

Vision

Adagio Health improves the health of communities.



Values

- Providing exceptional health, wellness and nutrition services in a respectful setting with a commitment to health equity.
- Prioritizing diversity, inclusion, accessibility, and transparency in all of our clinical and professional interactions
- Preserving our culture of collaboration, accountability, innovation and integrity.
- Promoting greater access to healthcare and education for women, men, youth, LGBTQIA+ communities, and underserved patients and clients across our region.

2022 Year in Review

Clinical Operations & Integrated Services

After identifying a need for low and no cost medical services in Westmoreland County, Adagio Health Greensburg opened to the public in February 2022. In partnership with the Westmoreland County Chamber of Commerce, an official "Grand Opening" and ribbon cutting ceremony took place in June. With support from partners including Quartrini Law Group and the Westmoreland Community Food Bank – the office has been well-received by the community. Services include reproductive health and adult preventive care, care navigation, and access to a well-stocked on-site Food Cupboard.

Extensive renovations were made to our medical offices in New Castle, PA (Lawrence County) and Seneca, PA (Venango County.) Adagio Health New Castle consistently records some of our highest patient volumes. Along with office upgrades, an additional exam room has led to greater efficiency and decreased wait times.

Additionally, an expansion of our Uniontown medical office in Fayette County included bringing some members of Adagio Health's Power Up SNAP Education team under the same roof, along with adding a fully-stocked Food Cupboard. In Beaver County, we moved our Center Township medical office to a fully renovated, more accessible location in Hopewell Township.

New technology is also yielding faster test results for our patients. Two of our medical offices, Uniontown and Seneca, are now utilizing a cutting-edge desktop instrument known as the Binx IO to provide patients with test results that used to take days – but are now available in 30 minutes. The team has also partnered with local universities including Pitt Greensburg, Seton Hill, and Edinboro University and providers including the Erie Department of Health to ensure that patients have fast, equitable access to needed reproductive care and services.







Family Planning Programs

Adagio Health was awarded a new five-year contract

with the Office of Population Affairs to continue our Title X Family Planning Project throughout 23 counties in western Pennsylvania. In FY2022, approximately 28,644 patients were served in our network of 53 providers. The Adagio Health Mobile Unit delivered services in ten northwestern counties. Our Family Planning Project prioritizes health equity, adolescent services, and providing resources to isolated or vulnerable populations. In 2022, we recruited a diverse group of teens and young adults to form a Youth

Advisory Council to help us better understand the needs of the younger

populations we serve.

Also in 2022, Adagio Health contracted with Bethany Christian Services to provide comprehensive family planning education and referral services to their clients – a population that includes refugees, incarcerated women, and youth in systems of care.

In an on-going effort to achieve greater efficiency within the Family Planning Project, the team made strategic changes: improving workflows, revising client satisfaction surveys, utilizing QR codes, and upgrading program review tools.

Adagio Health's northern West Virginia network also expanded, with a projected 20% growth rate in clients served by end of FY2023.









Top: Marcie Jacob and Courtney Lylo at the East Liberty Farmer's Market. Middle: Farmer's Market Nutrition Program (FMNP) set up at Adagio Health WIC in Armstrong County. Bottom: Adagio Health WIC employees at the Armstrong County WIC Open House & ribbon cutting in Kittanning, PA. From left to right: Crystal Reilly, Food Security Manager; Sam Elms, Director of WIC; Britney Zwergel, Vice President of Nutrition & Education Programs; Megan Hendricks, WIC Nutritionist; Ruth Bender, Director of Power Up; Gina Coulson, Power Up Supervisor; Deb Eberle, WIC Nutritionist; Mary Frances Sulava, WIC Supervisor; Jane Eberhardt,



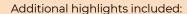
Nutrition & Education

Adagio Health WIC

With the opening of a new WIC office in downtown Kittanning, PA – the team has made nutrition services and support more accessible and easier to find in Armstrong County. The new office has also created opportunities for new partnerships and is slated to be the site of the state's first WIC teaching kitchen in 2023.

Overall, our five-county WIC team added 2864 new participants from January through November, with overall participation reaching 9,240 during that same time period. The team also implemented a retention program – providing WIC families that chose to recertify for another year with incentives that included age-appropriate feeding tools, physical activity games, and cooking items.

In partnership with the Pennsylvania Treasury, the team marked the successful first year of another initiative focused on encouraging families to continue with Adagio Health WIC. The WIC-Keystone Milestone Program provides for targeted deposits of funds into the PA 529 college savings accounts of babies born in 2021 and enrolled in WIC. In 2022, those babies celebrated first birthdays, and received the first installment of incentive funds in their college savings accounts.



- Rolling out a WIC Shopping training experience for interns and new hires, taking them into local WIC affiliated grocery stores to ensure a deeper understanding of how to best support our clients
- Continued community outreach efforts, and collaborating with partners to hold an inaugural Health Fair at the Beaver Valley Mall
- Providing support to breastfeeding mothers and parents with both virtual and in-person breastfeeding classes for 115 overall participants, along with staffing the Adagio Health WIC breastfeeding helpline – available to moms and parents across the state

Looking forward, Adagio Health will utilize funds from an American Academy of Pediatrics mini-grant to increase participation, support, and relationship building with pregnant and breastfeeding moms and parents who are primarily Spanish speaking. The WIC team is also piloting a dental hygiene and teeth cleaning program with a local hygienist.







Food Cupboards

We are pleased to report that every Adagio Health medical and WIC office now offers immediate relief and takehome food for patients and clients who are experiencing food insecurity. Where space allows, Adagio Health Food Cupboards are packed with a variety of fresh and non-perishable food, along with some simple kitchen tools and utensils. Where space is limited, pre-assembled boxes and bags of food are available. In 2022, we saw:

- · 13,082 food insecurity intake forms completed
- · 3,938 positive screens for food insecurity (30%)
- · 1015 Food Cupboard Visits
- · 1084 Food Cupboard Surveys completed
- 92% of Food Cupboard clients reported a decrease in stress around food that month
- 95% reported that their Adagio Health visit helped them better manage their health that month

Our work to increase food security is an organizational priority as we continue strategic partnerships with the Greater Pittsburgh Community Food Bank, the Westmoreland Food Bank and others.

Power Up SNAP-Education

Our Power Up SNAP-Education team continued to provide better health and nutrition opportunities for children, teens, adults and seniors. The team added 19 new partners in 10 counties, including previously unreached Venango and Greene counties.

Through direct education and policy, systems, and environment change projects, Power Up SNAP-Ed reached over 56,000 participants at 346 locations across 13 counties in Early Childhood, K-12 School, Food Assistance, Food Retail, and Community settings. Programming highlights included:

- Pop Up "Farmers Market" stands at all five Adagio Health WIC offices over the summer with the goal of promoting Farmer's Market Nutrition Program (FMNP) benefit utilization among WIC participants. Ten local farms from Armstrong, Butler, Beaver, Indiana, and Lawrence counties partnered with Adagio Health's Power Up and WIC teams to serve a total of 456 customers and WIC participants who purchased \$3,776 worth of fresh, local produce using their FMNP benefits and cash.
- 10,754 class sessions were delivered to preschool, school age, and adult participants.
- Power Up partnered with four schools and two libraries to use interactive stencil art to improve the appeal of outdoor play spaces and to promote physical activity.
- Power Up partnered with all five Adagio Health WIC offices and three Adagio Health medical offices to implement a park prescription program, Parks Rx, focused on the importance of physical activity. Nearly 2,500 park prescriptions were provided to Adagio Health patients and clients in 2022.
- In June, Adagio Health employees presented at two sessions of the 2022 PA Nutrition Education Network Annual Conference; and presented with The Food Trust, a SNAP-Ed partner in Philadelphia, at the 2022 PA Farm to Child Nutrition Summit in State College, PA.

Education

The Adagio Health Education team provided over 761 classes to over 2,000 students in western Pennsylvania from January through November; along with providing Mental Health First Aid Trainings; partnering with Mercer County Children and Youth Services to facilitate Sexual and Reproductive Health Classes; and partnering with Cray Family and Youth Services to conduct classes for developmentally delayed seniors regarding their physical well-being and sexual and reproductive health.







Top: Adagio Health employees
Alaina Backer, Nutritionist;
Abigail Wolfe, Nutritionist;
Francesca Santell, Nutritionist;
Alyssa Newcomb, Nutritionist;
and Amy Macklin, Power Up
Operations Manager join Propel
Montour students, parents, and
staff to work on a Power Up
Stencil Project. Bottom:
Katie Fridley, Power Up
Nutritionist in Turtle Creek.













BJ Leber (above) and Adagio Health Indiana Office Manager Michele McCracken (below) offer remarks at the PA Commission for Women Fifth Annual Breast Cancer Awareness Month reception at the Governor's Residence in Harrisburg, PA.

Cancer Screening

Adagio Health continued to manage the Breast and Cervical Cancer Early Detection Program (BCCEDP) in 62 Pennsylvania counties. BCCEDP is available to underinsured and uninsured patients ages 21 and over. Through this program, income eligible patients can receive free breast and cervical screening and diagnostic testing. We also provided free screening and diagnostic breast cancer screening services at no cost to income eligible patients through Adagio Health Mammogram Voucher Program. Adagio Health provided these free cancer screening services to over 6,000 patients in 2022. During the year, Adagio Health also helped 500 women access health insurance coverage and treatment after they were diagnosed with cancer.

This past fall, Adagio Health launched 16 co-located cancer screening and adult vaccine clinics through a Health Resources and Services Administration (HRSA) funded grant: Early Detection & Access to Care: A Women's Health Initiative. Working with various health system partners in our service area, Adagio Health made life-saving health care services more accessible with this innovative one-stop-shop model.

In partnership with the Pennsylvania Commission for Women, Adagio Health co-hosted the Fifth Annual Breast Cancer Awareness Month reception at the Governor's Residence in Harrisburg, PA. With the theme of "Progress in Pennsylvania", the event honored patients, community partners, researchers, and legislators who are working toward greater health equity for women and vulnerable communities.

Strategic Initiatives

Women Veterans Program

Adagio Health remains committed to improving health outcomes for women veterans. Annually we serve approximately 1100 veterans in western PA. In 2022, Adagio Health partnered with RAND Corporation, an internationally recognized research organization, to conduct a comprehensive needs assessment of women veterans living in western PA. The project began in March 2022, findings and a copy of the final report will be available to the public in 2023. The project is the first of its kind in western PA and will help Adagio Health, our partners, and other veteran-focused organizations ascertain and better understand the specific needs of women veterans living in this region. The Needs Assessment will help inform future program development and reinforce partnerships with veteran serving organizations.





Additional women veterans program highlights in 2022 included:

- · A one-hour women veterans focused presentation made available to the public as part of Adagio Health's Better Health Outcomes Speaker Series in March 2022
- · Recertification as a 'Veteran Ready Organization' by Psych Armor, a training platform focusing on military and veteran culture
- · Implementation of veteran-specific Care Navigation services for Adagio Health medical patients and WIC clients
- · Partnerships with Veterans Leadership Program and Southside VFW (Veterans of Foreign Wars) to provide Mental Health First Aid training for veterans
- · Participation in Butler County and Allegheny County stand downs -- events that serve homeless veterans, service members, and their families
- · Support for veteran serving organizations that included volunteering for and sponsoring programs and events such as Breaking Bread with Heroes (promoting mental health awareness and suicide prevention) and western PA based Veterans Breakfast Club (story telling events)

· Expanded our partnership with Veteran's Place of Washington Boulevard, an organization that works to end the cycle of homelessness for veterans, and began planning programs and services for calendar year 2023 including



Healthcare Equality Index

In 2021, Adagio Health applied for participation in the 2022-2024 Healthcare Equality Index, a benchmarking tool developed by the Human Rights Campaign that promotes equitable and inclusive health care for LGBTQ individuals and families. Participation requires an organization to complete a self-study of policies and procedures related to nondiscrimination, staff training, LGBTQ affirming medical services, employee benefits, and community engagement. Participation also demonstrates the organizations' commitment to provide a welcoming environment for LGBTQ individuals and families in our medical offices as well as an affirming environment for LGBTQ staff. We are pleased to report that Adagio Health earned the 'first tier of recognition' for adopting foundational policies for LGBTQ health equality.

Tobacco Free Adagio Health

Adagio Health continued to manage Tobacco Prevention and Control programming in 11 southwest Pennsylvania counties, including Allegheny County. Services provided include prevention and education, cessation counseling, policy and enforcement, and support for local healthcare providers. In 2022, we provided prevention and education services in 30 school districts; passed a number of worksite, multiunit housing, and Young Lungs at Play policies; and supported tobacco and nicotine counseling and services within several facilities including Jefferson Regional Medical Center and West Penn Hospital.

In April, Adagio Health hosted the first ever Tobacco Resistance Unit (TRU) Leadership Conference. Over 120 students from school districts throughout the region attended. The Second Annual TRU Conference is scheduled for March 2023.



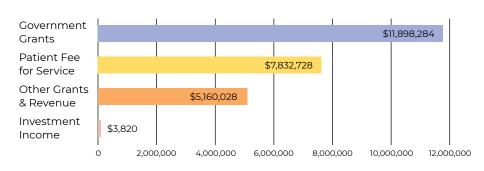
Breathe easier,

Middle: TRU students attend Adagio Health's conference. Below: Grant Young, Health Policy Coordinator: Katerina Patrick, Health Educator: Rachel Bowden, Healthcare Coordinator; Casey Monroe, Vice President of Disease Prevention Programs; Diana Mihalcik, Program Manager; Hannah Cristofano, Program Manager; Sydney Starr, Cessation Coordinator; Carlyn Becker, Health Educator.

Foundation and Grant Support New grants awarded to Adagio Health in 2022 came from the following sources: The Highmark Foundation: Adagio Health and RAND Women Veterans Needs Assessment The Staunton Farm Foundation: Integrated Services Expansion Project FedEx Ground: Veterans Mental Health First Aid The Health Promotion Council: Text TODAY Prediabetes Risk Testing and National Diabetes Prevention Program Partnership The Heinz Endowments: Adagio Health Innovation Fund Hillman Family Foundations: Holiday Food Pantry Support PA Department of Health: PA American Academy of Pediatrics First Food Program

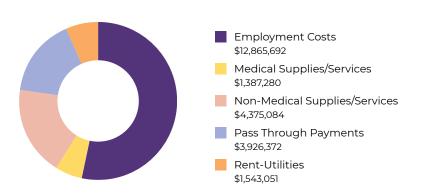
Financials

2022 Revenue \$24,894,860



Assets	\$11,299,952	\$10,505,212
Equity	\$8,725,586	\$7,928,205
Liabilities	\$2,574,366	\$2,577,077
Financial Make-Up	2022	2021

2022 Expenses \$24,097,479



2022 Total Assets \$11,299,952



2021 Total Assets \$10,505,212



Thank you to our 2022 Donors

Your support of the Adagio Health Innovation Fund, our programs, and our operations drives greater health equity in the communities we serve.

Me.

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