

From the President and CEO

Dear friends of Adagio Health,

As we near the two-year mark of the ongoing COVID-19 pandemic in the United States, we are all faced with some tough realities. Even as I write this, the Omicron variant continues to surge – further taxing health care providers, employers, schools, families, and individuals. But while uncertainty around the pandemic persists, I am optimistic about the year ahead, and incredibly proud of our team's accomplishments in 2021.

Adagio Health's 50th anniversary year presented an opportunity to take stock of how far we've come over the five last decades – and more recently – the last five years. In that time, we've seen a complete turnaround of our financial picture, while strengthening partnerships and support throughout the region. also believe our current team is among the best you'll find. Their passion and commitment to our patients and clients keeps us moving forward, every day.

After careful study, consideration, and invaluable feedback from the community - we also launched the Adagio Health Innovation Fund in 2021. Now in the public phase of our campaign with \$1.6 million raised thus far, the Innovation Fund will serve as an important source of financial support for our organization - and exemplifies the strong relationships we've built with the local foundation and business community, individual donors, and a diverse network of supporters and friends. The Innovation Fund will bolster our efforts to reduce health disparities, address food insecurity, expand behavioral health and care navigation services, and modernize data capture and management capabilities. We'd love for you to visit our Innovation Fund website: adagiohealth.org/InnovationFund - to learn more about this critically important effort, and to better understand how it will benefit our patients and clients in the years to come.

Among other highlights of our 50th anniversary year:

- Spring 2021 roll-out of COVID-19 vaccine and booster programs, and demonstrated success addressing vaccine hesitancy in rural communities served by our eight medical offices and Mobile Health Unit
- Addition of five patient Care Navigators to our medical and client services team
- Launch and leadership of RAISE HOPE for Women: a coalition of rural partners and providers focused on preventing Neonatal Abstinence Syndrome and supporting recovery from addiction
- Opening 5 food pantries and 2 food closets in our medical and WIC offices to provide immediate relief for patients and clients who screen positive for food insecurity
- Certification by PsychArmor as a Veteran Ready Health Care Provider
- Presentation of the first Adagio Health Better Health Outcomes Speaker Series: an opportunity for discourse and advocacy around health equity and a successful fundraiser

This winter, we will open a new medical office and food cupboard in Greensburg, Pennsylvania. We look forward to bringing our safety net of care to Westmoreland County.

The need for our services remains great. With continued leadership from our Board of Directors, valued insights and support from our Advisory and Young Leadership Councils, and the partnerships that propel us forward – we are committed to providing exceptional care in the communities we serve today, and for many years to come.

BJ Leber President & CEO



"We believe our current team is among the best you'll find. Their passion and commitment to our patients and clients keeps us moving forward, every day."

Mission

Adagio Health meets the health & wellness needs of diverse communities, regardless of income, with a focus on women.

Vision

Adagio Health improves the health of communities by continually aligning our services with the needs of vulnerable communities.

Values

Providing high-quality health and wellness services in a respectful setting focused on compassion, care and commitment to every patient and client.

Prioritizing diversity, inclusion, accessibility, and transparency in all of our medical, educational, and professional interactions.

Preserving our culture of collaboration, accountability, innovation and integrity.

Promoting greater access to healthcare and education for women, men, LGBTQIA+ communities, and underserved patients across our region.

About Adagio Health

For fifty years, Adagio Health has been providing health and wellness services and support in western Pennsylvania. In 2018, the organization expanded into seven counties in West Virginia and in 2020, added another five counties in western New York. Adagio Health also manages the statefunded Breast and Cervical Cancer Early Detection Program (BCCEDP) in 62 counties and the Mammogram Voucher Program in 56 counties of western, central and northeast PA.

Adagio Health and its network of partners in Pennsylvania, West Virginia and New York provide family planning and reproductive health care services at low or no cost to approximately 35,000 patients annually. Breast and cervical cancer screening services are provided to approximately 6,000 patients. Adagio Health's WIC program serves approximately 9,000 parents, caregivers and young children, while the organization's nutrition education program known as Power Up serves more than 50,000 young children, teens, adults and seniors. Approximately 2,000 adults and teens receive support and cessation services from Adagio Health's Tobacco Prevention and Control Program, while nearly 3,000 middle and high school students receive evidence-informed, age-appropriate reproductive health education services in one-on-one, group, and classroom settings.

Many of the 100,000+ patients and clients receiving services through Adagio Health are women who reside in communities where access to healthcare services is scarce. Often, Adagio Health is their sole health care provider. In 2020, Adagio Health launched a Mobile Health Care Unit to broaden access to care and better meet the needs of underserved populations in rural communities. In 2022, the organization will open a new medical office and food pantry in Greensburg, PA.

Adagio Health provides these services through funding from the State and Federal government, the foundation community, and partnerships with nonprofit organizations, the corporate community and individual donors.











Erie MA Elizabeth Kavcsak administers COVID-19 vaccine to her colleague, Erie MA Marissa White.

Year in Review

Medical Offices

After months of preparation that included training and the purchase of specialized equipment and supplies, Adagio Health began dispensing COVID-19 vaccines in May. Through the end of the calendar year, the medical team administered 1,803 vaccines including first, second and booster doses. The majority of those were administered in rural communities in western Pennsylvania where the team has worked diligently to overcome barriers to access. Adagio Health also partnered with the Pennsylvania Governor's Advisory Commission on Latino Affairs, the Pennsylvania Commission for Women, United Way of Lawrence and the United Way of Venango County on a series of COVID-19 vaccine clinics.

We saw steady increases in patient volume in 2021. October marked our busiest month in over two years, with a total of 2,931 visits to our offices and Mobile Health Unit.

The team began a roll-out of Medication Assisted Therapy (MAT) in select offices, enabling providers to prescribe short-term medication and assistance to patients seeking recovery from opioid use disorder (OUD). Same day prescriptions for PrEP—pre-exposure prophylaxis for the prevention of HIV—were rolled out to patients in May. Office renovation and upgrade projects were completed in Indiana and Seneca. Adagio Health's New Castle office is slated for renovation next year; and we will open a new medical office and food cupboard in Westmoreland County in February 2022.



Right: Vaccines in Venango County; front row, from left to right - Mobile Health MA Supervisor Alana Barnes, Director of Clinical Operations-North Sarah Tedrow; back row - MA Brandi Grove, Mobile Health Nurse Practitioner Gretchen McCord Wolbert, MA Veronica Muschwek



Left: COVID-19 Vaccine Event in Lawrence County; left to right - Governor's Advisory Commission on Latino Affairs Commissioner Maria Delgado, Executive Director - Pennsylvania Commission for Women Moriah Hathaway, Excecutive Director - Governor's Advisory Comission on Latino Affairs Luz Colon, Care Navigator Tatyana Abreu, Director Clinical Operations North Sarah Tedrow, Senior Director Health Promotion & Disease Prevention Casev Monroe.

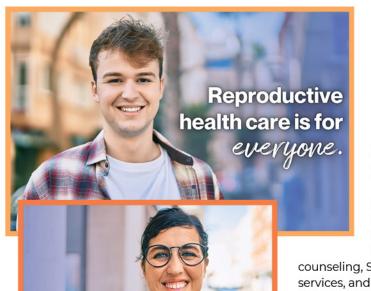


PrEP. One pill. Once a day. Protect yourself against HIV.

1-800-215-7494 adagiohealth.org/prep you've welcome hore







Birth control now,

not three months from now.



Family Planning & Reproductive Health

Adagio Health and our partners continued to provide safe, reliable family planning and reproductive health services including annual exams, contraceptive care and

counseling, STI testing and treatment, basic infertility services, and cancer screening for women, men, non-binary patients, and teens. In our project areas spanning 35 counties across three states, we provided services to approximately 35,000 patients in 2021. The majority of those patients were seen in the 23-county region of our Pennsylvania family planning project, where Adagio Health has been providing services since 1971.

Adagio Health's West Virginia family planning project hit the three-year mark in 2021. We have increased our reach in the northern West Virginia region through the addition of new partners including Change, Inc., the LGBTQ+ Center at West Virginia University, and the Ohio County Family Resource Network.

We began delivering services throughout five western New York counties in January 2021. Our New York medical partners include Jericho Road Community Health Center and The Chautauqua Center, while the Buffalo Prenatal-Perinatal Network and the International Institute of Buffalo provide comprehensive reproductive health education and referral services.

Integrated Services: Behavioral Health, Care Navigation, Rural Communities Opioid Response

Behavioral Health

Over the past year, 502 patients at our Adagio Health Erie medical office were screened using the SBIRT model of care: Screening, Brief Interventions and Referral to Treatment. The most common reasons for behavioral health involvement with patients were: Post Traumatic Stress Disorder, Major Depressive, Anxiety, Substance Use, and Perinatal Mood disorders.

Care Navigation

In March of 2021, Adagio Health's first Care Navigator began assisting patients in our Uniontown medical office. Care Navigators have since been added in Butler, Indiana, and Center Township, and provide assistance to Adagio Health patients and clients throughout western

Pennsylvania. In 2021, our Care Navigators provided a total of 1346 internal and external referrals. Food insecurity, insurance enrollment and behavioral health referrals are among our top assists.







Rural Communities Opioid Response

September marked the end of the first year of a three-year grant from the Health Resources Services Administration (HRSA) Rural Communities Opioid Response Program. The

grant is focused on the prevention of Neonatal Abstinence Syndrome (NAS), and primarily targets women who are uninsured or underinsured and are at risk for Substance Use or Opioid Use Disorders. Adagio Health leads a consortium that includes Gateway Health, Discovery House New Castle and Farrell locations, Lawrence County Community Action Partnership, Mercer County Behavioral Health Commission and United Way of Venango County.

Health Promotion and Disease Prevention

Cancer Screening

Adagio Health continued to provide the Breast and Cervical Cancer Early Detection Program (BCCEDP) in 62 Pennsylvania counties. BCCEDP is available to underinsured and uninsured women ages 21 and over. Through this program, income-eligible patients can receive free breast and cervical cancer screening and diagnostic testing. More than 5,000 patients were enrolled in 2021, and Adagio Health helped 500 women obtain insurance coverage and treatment after they were diagnosed with cancer. We also launched the Adagio Health Mammogram Voucher Program. This program provides eligible patients with breast cancer screening services at no cost. In October, the Pennsylvania Commission for Women and Adagio Health virtually presented the fourth annual Breast Cancer Awareness Reception.



Above: standing, from left to right - MA Jennifer Greer, MA Cassidy Russell, Edinboro Office Manager Morgan Hanas, Allison Walker, Erie Office Manager Stacy Frantz, Care Navigator Tatyanna Abreu, Behavioral Health Clinician Christine Crowell holding her son, Jidenna Crowell; seated - Collin Hanas, Erie Nurse Practitioner Sarah Henry Walker.







Middle: Tableing Event; Health Policy Coordinator Grant Young with Marketing Specialist Liz Reed.

Bottom: Tobacco Free Adagio Health Youth Services Coordinator Cortney Schrecengost explains "Why Animals Don't Smoke" to local children.



Tobacco Prevention and Control

Adagio Health has managed Tobacco Prevention and Control programming in ten southwestern Pennsylvania counties for over a decade, but adding Allegheny County in 2021 doubled the size of the project. New partners include Allies for Health and Wellbeing, Duquesne University, Hugh Lane Wellness Center, Allegheny Health Network, Latino Community Center, and Neighbors Helping Neighbors. We also launched the inaugural Tobacco Prevention and Control Coalition Meeting at Adagio Health with speakers including Dr. Karen Hacker, Director of the CDC's National Center for Chronic Disease Prevention and Health Promotion, and Dr. Kar-Hai Chu, public health researcher at the University of

Food Insecurity and Nutrition Services

Adagio Health continued to expand efforts around food insecurity, screening nearly 10,000 medical office patients and WIC participants in 2021. Of that group, approximately 3,400 were positive for food insecurity, and were provided with immediate access to nutritious fresh and non-perishable foods, along with referrals to local food pantries. Adagio Health opened five new food cupboards and two new food closets in medical and WIC offices in 2021, bringing us to a total of eight locations where immediate access to food is available to patients and clients. A ninth location will be added in Westmoreland County in Winter 2022.

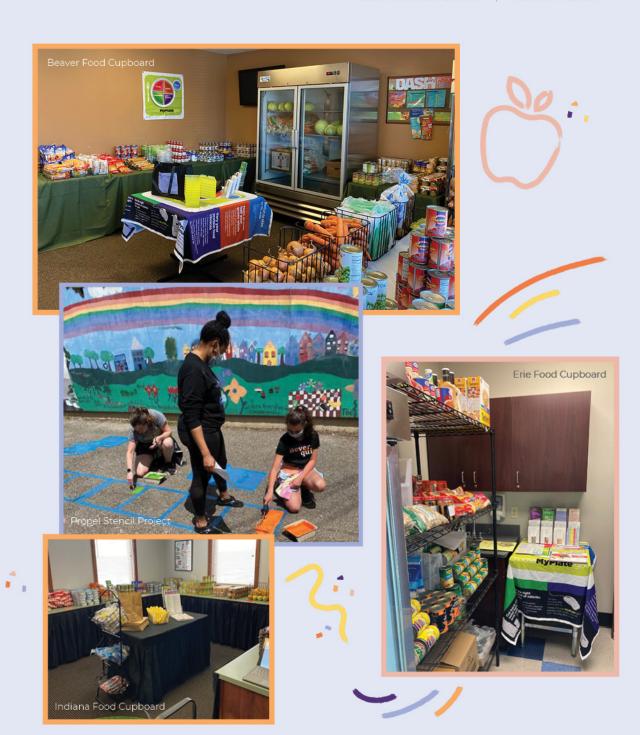




Adagio Health WIC worked with the National WIC Association on a project known as "CREW" – short for "Catalyzing Retention Efforts in WIC" – the project was focused on quickly helping WIC participants with grocery shopping and other benefit questions. The WIC team also signed up 110 new moms for breastfeeding support groups; and a continued collaboration between the Pennsylvania Treasury and Adagio Health saw 366 babies enrolled in the Keystone Scholars Milestone Program, ensuring additional funding in those children's' PA 529 college savings accounts.

Adagio Health's SNAP Education Power Up team connected close to 50,000 participants through Policy, Systems, and Environment interventions at 196 different locations across 12 counties in Early Childhood, K-12 School, Food Assistance, and Community settings. Notable projects included:

- Propel Stencil Project: As part of their Community Schools Clean-Up Day in May—staff, volunteers, and students in Hazelwood and on the Northside painted playground activity stencils.
- Aliquippa Elementary School Garden: Power Up staff provided grant assistance and facilitated an in-service event for staff to introduce Farm to School activities and a garden-based curriculum.
- WCA GoNAPSACC: Staff collaborated with Westmoreland Community Action's Health & Special Needs Manager to improve classroom and mealtime environments for 550 students at 19 Head Start centers.
- ParksRx: Power Up staff collaborated with our Uniontown medical office to implement a park prescription program. In the first month, 277 patients were seen and 84 park prescriptions were provided.



Women Veterans

Adagio Health serves approximately 1,100 veterans in western Pennsylvania. We were recently certified by PsychArmor as a Veteran Ready Healthcare Organization. The women veterans we serve often prefer providers who focus on women, and some do not qualify for medical benefits under VA quidelines.

Over the past year, Adagio Health partnered with a number of local and national veteran resources to bring care to veterans. Among those activities:

- Hired a Veteran Care Navigator and begin laying the groundwork to roll out remote veteran care navigation
- Provided Mental Health First Aid training for the staff at Veterans Place, a shelter and case management service provider
- Partnered with Rise Rank & File to provide a reproductive health educational series for women veterans
- Participated in the Butler County Stand Down: an event serving homeless veterans, service members, and their families
- Provided special outreach to the Veterans Leadership Program Stand Down and Women Veteran's Resource Fair
- Presented on our women veterans program at the American Public Health Association Annual Conference

In 2022, we will kick off the second year of our Better Health Outcomes Series with a special veterans-themed presentation; and will partner with the RAND Corporation to complete a comprehensive community health needs assessment of women veterans in western Pennsylvania.





Community Education

Adagio Health's Community Education team continued to implement programs both virtually and in person, serving just over 2,850 students throughout western Pennsylvania. Curriculum for older teens focused on reproductive health and healthy relationships, teen pregnancy prevention, and teen dating violence prevention. Approximately 400 students received drug and alcohol education classes through the Butler County Drug and Alcohol program. The Health Resource Centers at Woodland Hills and Propel Braddock Hills High Schools provided services to 230 students. In Mercer, Fayette and Allegheny Counties, Adagio Health's community serviceoriented Teen Outreach Program was held up as an example for TOP programs throughout Pennsylvania by the Department of Health. Adagio Health educators also presented at the Healthy Teen Network and Fact Forward Summer Institute national conferences, and provided training LGBTQIA+ sensitivity training for over 1000 adults, working with partners including the Boys and Girls Club of Western PA, the Watson Institute and the Homeless Children Education Fund. The education team continues to work on campuses such as California and Slippery Rock Universities to increase awareness of safety and reproductive wellness.



Foundation and Grant Support

Generous support from the foundation community and others made it possible for Adagio Health to implement many of our programs and services in 2021.

Direct Relief

Community Foundation of Westmoreland County

Eden Hall Foundation

The Erie Community Foundation

Health and Human Services Office of Population Affairs

Health Resources and Services Administration

Highmark Foundation

Hillman Family Foundations

Jefferson Regional Foundation

Pennsylvania Department of Human Services

Pennsylvania Department of Health

PNC Foundation

Robert Wood Johnson Foundation

United States Department of Agriculture

Adagio Health Innovation Fund Support

Hillman Family Foundations

McCune Foundation

FISA Foundation



Above: NAME and Gabrielle Sorce, Patient Navigator, after receiving COVID-19 booster vaccines.

Right: Charlotte Crouse from Uniontown gives a thumbs up after receiving COVID-19 vaccine.



diana Flu Clinic; left to right - MA Lori Mountain, Office Manager Michele McCracken, Nurse Practitioner Stacy Lemmon

Exceptional

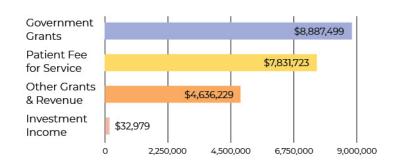
health care.

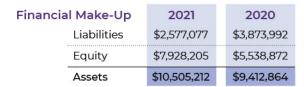
close to home



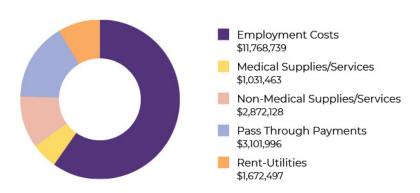
Financials

2021 Revenue \$21,388,430





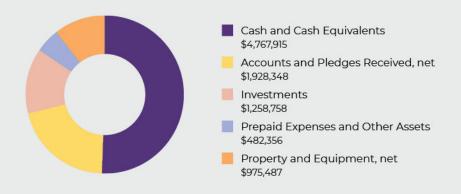
2021 Expenses \$20,446,824



2021 Total Assets \$10,505,212



2020 Total Assets \$9,412,864



Thank You to Our 2021 Donors

Your belief in our work and your commitment to our organization propels us forward.

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