



**2019 ANNUAL REPORT**

## DEAR FRIENDS OF ADAGIO HEALTH,

**A**s we look back at 2019, we are incredibly proud of the work our team has accomplished. It's a year that provided opportunities to expand and reshape our organization while continuing to meet the needs of the communities we serve.

Among those opportunities: expanding our footprint to now include 62 counties across the Commonwealth where Adagio Health is overseeing Pennsylvania's Breast and Cervical Cancer Early Detection Program (BCCEDP). We are also managing the Susan G. Komen Greater Pennsylvania Mammogram Voucher Program in 53 counties.

We began prescribing PrEP (pre-exposure prophylaxis) in our medical offices, making it easier for residents of rural communities to access preventive care that can protect them from contracting HIV.

We relocated and opened a brand-new medical office in Uniontown, PA — a community we've served for close to 49 years; and did the same with our WIC office in Beaver County — moving to a much more convenient location in a brighter, newly renovated space. With generous support from foundations, corporate partners, members of the community and elected officials; we brought national and local thought leaders together at our second Transforming Women's Health Symposium. And we connected with greater numbers of women veterans in our medical offices and in the community with increased outreach and the presentation of the award-winning, national "I Am Not Invisible" photography and storytelling campaign.

There is still much work to be done. Health care disparities and inequities continue to impact residents in our region, many of whom remain underinsured — and all of whom deserve excellent, affordable healthcare.

We started out in 1971 as an organization primarily focused on women's health. We are still that organization. But as we've grown, we've added new lines of service and welcomed more patients and clients from all walks of life. Our services now include adult health care basics such as immunizations and screenings for men and women; we serve thousands of children and families through nutrition and education initiatives including WIC, Power Up, and school-based programs focused on healthy relationships; and we manage regional tobacco and vaping cessation programs aimed at both teens and adults.

As we look toward the future, we are grateful to our Board for their leadership, and to our dedicated employees who exemplify our values in their work every day. We are excited about what lies ahead for Adagio Health, and so thankful for your continued support along the way.


  
 BJ Leber  
 President & CEO

## ABOUT

Annually, Adagio Health serves approximately **110,000** patients and clients in Pennsylvania and West Virginia. Family planning and reproductive healthcare services are provided to approximately **40,000** patients, many of whom live in underserved areas and receive services at no or low cost. Breast and cervical cancer screening services are provided to approximately **5,000** patients annually. Adagio Health's nutrition services include two primary programs: Power Up and WIC. Power Up provides nutrition education to approximately **50,000** Pennsylvanians — children, teens, adults and seniors. Adagio Health's five-

county WIC program serves approximately **9,000** caregivers, children and infants. Services include supplemental nutrition, breastfeeding support, nutrition information and referrals. Our Tobacco Free Southwest program serves more than **2,000** adults and teens annually, with efforts focused on cessation and prevention; while our Education team connects with approximately **3,000** middle and high school students in western Pennsylvania, providing quality, evidence-informed, age-appropriate reproductive health education to adolescents in one-on-one, group, and classroom settings.

## MISSION

To provide health and wellness services to women and their families with a focus on those in need.

## VISION

Women and their families in western Pennsylvania will lead healthier lives.

## OUR VALUES

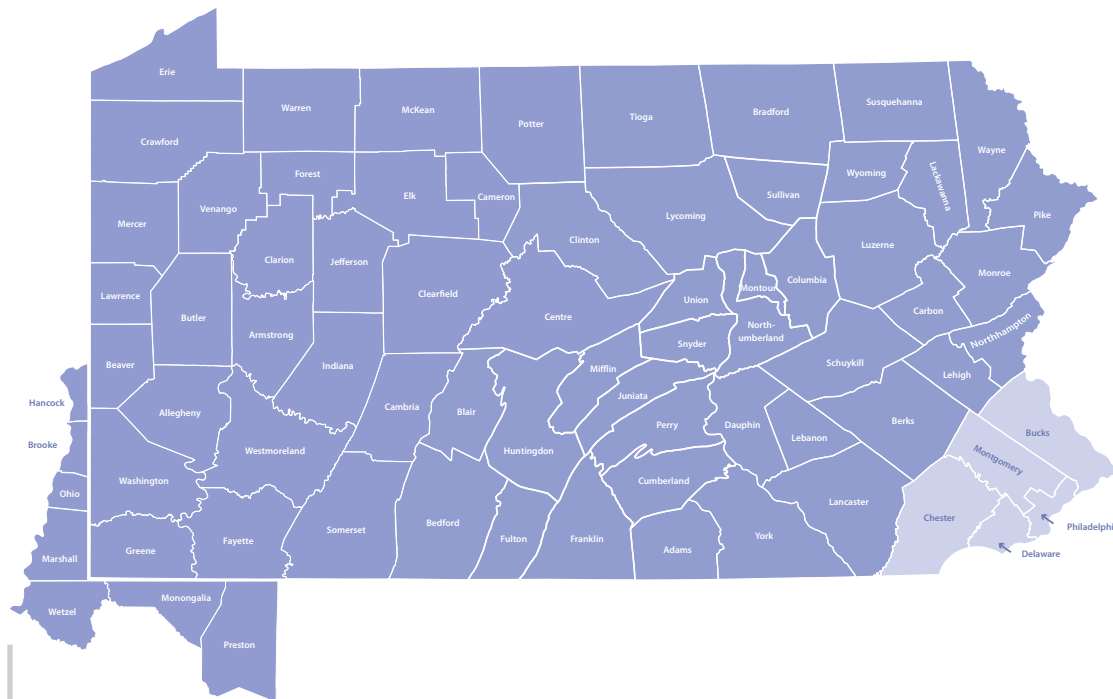
Providing high-quality health and wellness services in a respectful setting focused on compassion, care and commitment to every patient and client.

Prioritizing diversity, inclusion, accessibility, and transparency in all of our medical, educational and professional interactions.

Preserving our culture of collaboration, accountability, innovation and integrity.

Promoting greater access to healthcare and education for women, men, members of LGBTQIA+ communities and underserved patients across our region.

## OUR SERVICE AREA





## ACHIEVEMENTS

### FAMILY PLANNING AND REPRODUCTIVE HEALTH

Adagio Health provided family planning and reproductive services to approximately 40,000 patients in our Title X Family Planning network in 2019. With changes to federal guidelines, we were tasked with ensuring the continuation of Title X funded services for all eligible patients in our 23-county region in western Pennsylvania, and our 7-county region in West Virginia. We rolled out targeted marketing and outreach efforts and are continuing those initiatives to make sure patients know where they can access reproductive healthcare at no cost.

### BREAST AND CERVICAL CANCER SCREENING PROGRAMS

Adagio Health has long been a partner in providing breast and cervical cancer screening services with funding from the Pennsylvania Department of Health and the Centers for Disease Control and Prevention. Until recently, our focus was primarily on counties in western Pennsylvania. In 2019, we expanded our geographic footprint, and now oversee the Breast and Cervical Cancer Early Detection Program (BCCEDP) in 62 Pennsylvania counties. Approximately 2,500 patients were served as a result of this program last year.

A proud partner of Susan G. Komen of Greater Pennsylvania, Adagio Health also expanded our management of the Komen-funded Mammogram Voucher Program (MVP) to 53 counties in 2019. This

program provides screening mammograms and breast diagnostic services for uninsured and underinsured women and men in Pennsylvania. Approximately 2,200 patients in Pennsylvania received assistance through this program last year.

### EXPANDED SERVICES

Our organization saw growth in expanded health and wellness services that we initially rolled out in 2018. Under the banner of Adagio HealthCheck, we continue to offer adult immunizations, preventive health screenings, and prescriptions for PrEP — pre-exposure prophylaxis that can significantly reduce the risk of HIV transmission.

### WOMEN VETERANS

One of Adagio Health's long-term goals is to significantly increase access to health services for women veterans in western Pennsylvania. In 2019, outreach to this community included a series of wellness retreats for women veterans in Erie and Indiana. Adagio Health also presented the western Pennsylvania version of "I Am Not Invisible" — an award-winning national photography and storytelling campaign that features local women veterans and is backed by the United States Department of Veterans Affairs. Through these and other efforts, we more than doubled the number of women veterans seeking services through Adagio Health in 2019.

**2019 Snapshots** CLOCKWISE FROM TOP: Adagio Health employees Liz Heft & Meagan Roppo at Pittsburgh PRIDE 2019; employees Katie Keane and Autumn Detchon at a national sex education conference; our Power Up team at a Farmer's Market with Senator Jay Costa; Senator Pam Iovino with employees Erika Gaburri, CEO BJ Leber, Casey Monroe & Alicia Schisler at the Breast Cancer Partner Recognition Reception in Harrisburg; Adagio Health's Katie Hartman at a Westmoreland County Young Lungs at Play ribbon cutting; behind the scenes at the "I Am Not Invisible" photoshoot; Adagio Health employees Liz Heft & Sandy Soloski with Patti Gerhauser from the Veterans Leadership Program on the air at 90.5 WESA; CEO BJ Leber and others with First Lady Frances Wolf at a roundtable discussion on equal pay.





## ACHIEVEMENTS continued

### WIC WORK

In 2019, the Adagio Health nutritional services team oversaw our five-county region's transition to WIC EBT — an electronic system that replaces paper vouchers with a debit-style card and enables families to purchase WIC food benefits easily and more efficiently. The team also continued food insecurity screening and food pantry programs at Adagio Health's WIC offices in Indiana and Butler.

### NEW SPACES

Our Uniontown office has served patients in Fayette County for nearly 49 years. In the fall of 2019, we relocated to a newly renovated space. Right across from Uniontown Hospital, the new medical office offers easier access to care in a more convenient, centralized location.

Families in Beaver County were also able to receive needed WIC services in a better location and a bright, newly renovated space as Adagio Health relocated the Beaver County WIC team to a brand-new location in the Beaver Valley Mall. Families in Beaver County were also able to receive needed WIC services in a better location and a bright, newly renovated space as Adagio Health relocated the Beaver County WIC team to a brand-new location in the Beaver Valley Mall. And in order to more efficiently serve Cambria County, we opened a new Power Up office in Johnstown.

### COMMUNITY EDUCATION

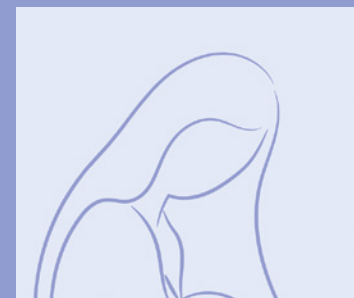
In 2019, Adagio Health continued to provide comprehensive reproductive health education services in partnership with Propel Schools, Adelphoi, and

others. Our health educators offer risk-reduction and prevention education to young people and adults on topics that range from positive decision-making to preventing pregnancy and sexually transmitted infections. And in addition to providing tobacco and vaping cessation education and services to approximately 3,000 teens and adults through Adagio Health's Tobacco Free Southwest program, we rolled out a new marketing campaign targeted at pregnant and postpartum smokers: "Healthy Choices, Healthy Children: Smoke Free Moms".

### SPECIAL EVENTS

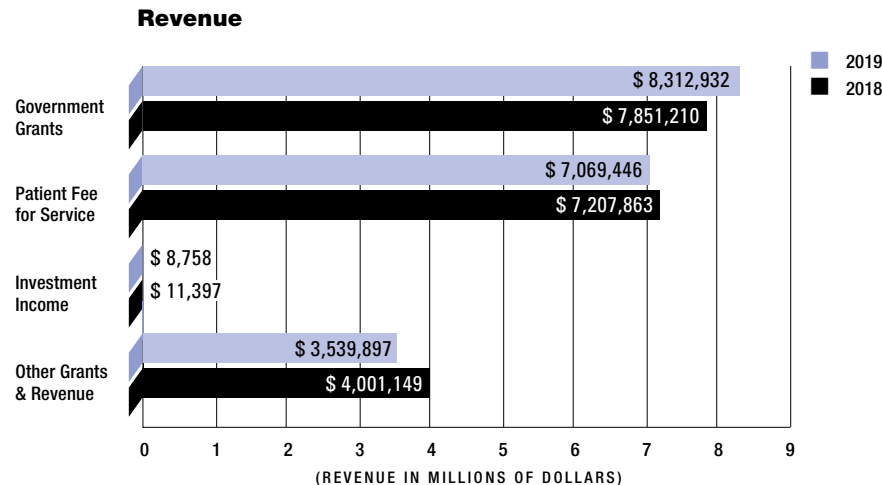
In September 2019, Adagio Health convened a second Transforming Women's Health Symposium. The event included national speakers and experts from around the country and the region, including former senior White House advisor Valerie Jarrett and AMA President Dr. Patrice Harris. Breakout sessions brought thought leaders and engaged members of the community together for solutions-focused discussions on the maternal health crisis, the opioid epidemic, building health equity, the #MeToo movement and more. In November 2019, Adagio Health presented the western Pennsylvania version of "I Am Not Invisible", an award-winning national photography and storytelling campaign that celebrates women veterans. Honorary co-chairs included Senator Pam Iovino, Senator Lindsey Williams, Representative Natalie Mihalek, and Dr. Jeannette South-Paul. More than fifty women veterans were recognized at our special photography exhibit and reception.

**2019 Snapshots** CLOCKWISE FROM TOP: Tobacco Resistance Unit (TRU) students with Adagio Health at a local wellness fair; employees Katie Keane, Ana Kay Yaghoubian, Sandy Soloski & Liz Heft at a wellness retreat for women veterans; "I Am Not Invisible" reception at the Senator John Heinz History Center; BJ Leber addressing the crowd at the Second Transforming Women's Health Symposium; 2019 "Breastfeeding Friendly Workplace" recognition from the Allegheny County Health Department; employee Michelle Collins at a health expo with Representative Jake Wheatley; U.S. Senator Bob Casey with BJ Leber & others at Adagio Health New Castle; Katie Hartman with valued partners at the Third Annual Pennsylvania LGBTQA Health Conference.



## FINANCIALS

Over the past five years, Adagio Health has significantly strengthened our financial position. Results for fiscal year 2018 showed a bottom line of approximately \$700,000 — and positive results for fiscal year 2019 totaled approximately \$1 million.



### Expenses 2019

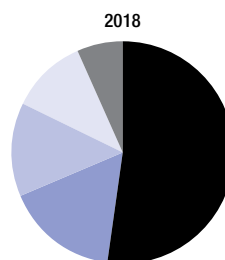
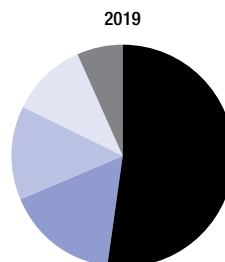
Employment	\$ 9,418,409	• 53%
Medical Supplies	1,169,879	• 7%
Non-Medical Supplies/Services	2,411,517	• 13%
Pass Through Payments	2,950,244	• 16%
Rent/Utilities	2,012,306	• 11%

**Total Expenses** ..... **\$17,962,355**

### Expenses 2018

Employment	\$ 8,912,235	• 49%
Medical Supplies	1,383,815	• 7%
Non-Medical Supplies/Services	3,672,091	• 20%
Pass Through Payments	2,498,213	• 14%
Rent/Utilities	1,832,673	• 10%

**Total Expenses** ..... **\$18,299,027**



## LOOKING AHEAD

### MOBILE UNIT

In 2019, Adagio Health received funding for the purchase and build-out of a new mobile medical unit. Beginning in summer 2020, Adagio Health's mobile unit will enable our medical team to expand access to contraceptive services and reproductive health care in twelve rural counties in Pennsylvania.

### NEW OFFICE

Adagio Health Erie will move to a new location and a fully renovated medical office in 2020.

### INTEGRATED SERVICES

Adagio Health is introducing behavioral health services into our medical offices to further support patients.

We utilize the SBIRT model (Screening, Brief Intervention & Referral to Treatment) in all Adagio Health medical offices and we are exploring expanding our program in 2020 along with determining our organization's most effective response to opioid abuse in Pennsylvania.

### 50 YEARS OF ADAGIO HEALTH

Planning for the organization's 50th Anniversary celebration will officially kick off in 2020, as Adagio Health looks ahead to our third Transforming Women's Health Symposium. Tentatively scheduled for May 2021, Adagio Health's celebration will recognize 50 years of women's health in Pennsylvania.

## LEADERSHIP

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Medical Director

**Alicia Schisler**

Chief of External Affairs

**Gerri Sperling**

Legal Counsel

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